

Large Deviations Properties of Heart Rate Variability

Paulo Gonçalves

DMASC

(N. Attia, J. Barral, D. Chemla, F. Cottin, P. Loiseau, C. Médigues, S. Seuret, M. Sorine)

Fractals and Related Fields II
Porquerolles, France

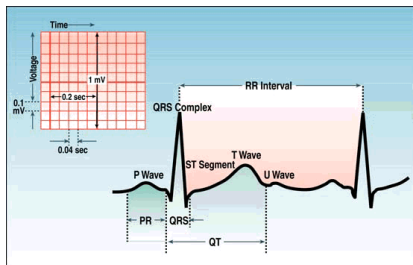
June 13-17, 2011

Outline

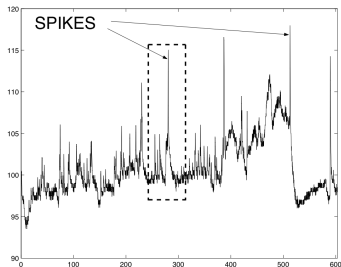
1. Heart-Beat Rate Variability : Context & Motivations
2. Large Deviations Spectrum : Estimation
3. Illustration with Theoretical Models : Proof of Concept
4. Application to HRV records (RR signals)
5. Concluding remarks

RR signals

ECG



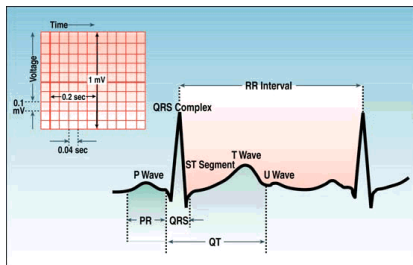
RR signal



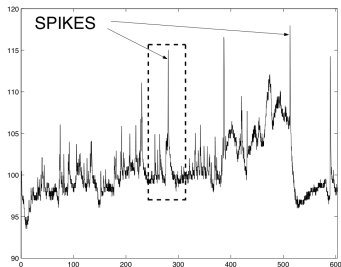
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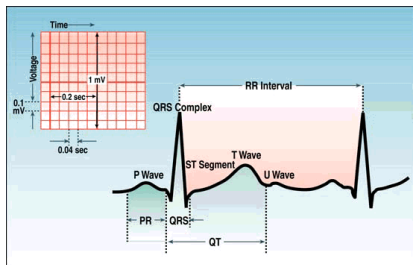
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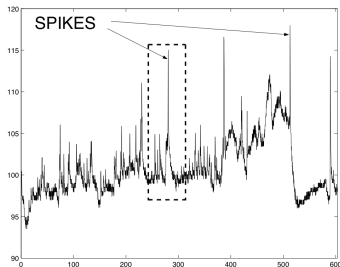
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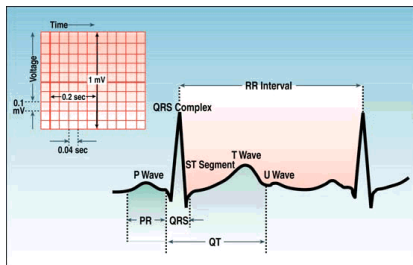
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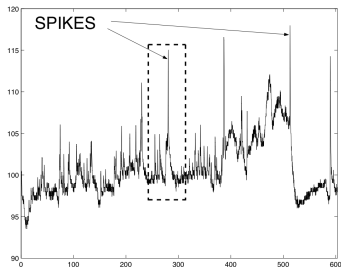
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 - scale invariance properties. . .

Scale Invariance & Related work

Huge amount of results based on scale invariance properties of RR signals

- long range dependency ($1/f$ analysis of HRV, Kobayashi, 1982)
- chaotic dynamical systems & strange attractors ('89 and controversial topic in *Chaos*, 2009)
- fractal dimensions of trajectories (entropy based measurement of system complexity, 90's)
- local Hölder regularity estimation (Pincus, 94)
- multiractal analysis of RR time series (P. Ivanov et al. very active in the period 1995–2005)

Applied to a wide range of physiological studies

- aging and gender effect characterization
- sleep apnea detection
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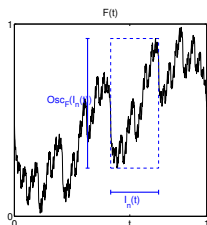
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Multifractal spectra

Notations and Definitions :



$I_n(t) \in \mathcal{G}_n$: dyadic interval of width $|I_n(t)| = 2^{-n}$

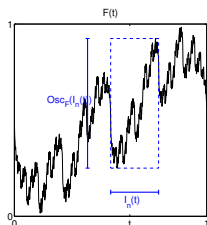
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$$\alpha(I_n(t)) = \alpha(t, n) = \frac{\log_2 O_F(I_n(t))}{-n} \xrightarrow{n \rightarrow \infty} \alpha(t)$$

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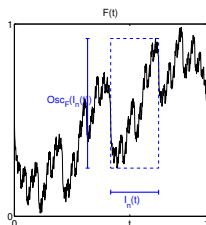
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$\dim E_F(\alpha)$, with the iso-Hölder sets $E_F(\alpha) = \{t : \alpha(t) = \alpha\}$

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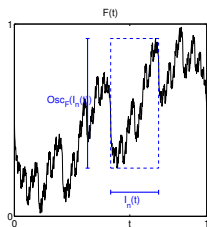
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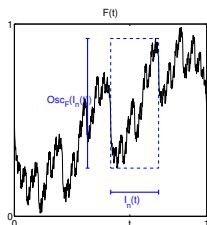
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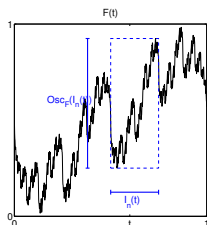
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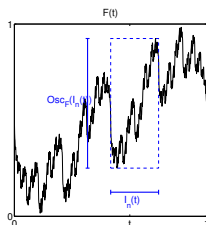
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Large Deviations Spectrum : Estimation

From Large Deviations Theory, for each q where τ_O is differentiable,

$$f_O(\alpha(q)) = \tau^*(\alpha(q)) \text{ where } \alpha(q) = \tau'_O(q)$$

Find a positive sequence $(\epsilon_n(q))_{n \geq 1}$ converging to 0 and such that :

$$\lim_{n \rightarrow \infty} f_O(n, \alpha_n(q), \epsilon_n(q)) = f_O(\alpha(q)) = \tau^*(\alpha(q))$$

Theorem ("On the estimation of the Large Deviations spectrum", J. Barral, P. G., *J. stat. Phys.*, 2011)

Let $q \in \mathbb{R}$ and $\eta > 0$. Suppose $\rho_n = |\tau_{O,n}(q) - \tau_O(q)| + \sup_{q' \in [q-\eta, q+\eta]} |\tau'_{O,n}(q') - \tau'_O(q')|$ converges to 0 and $\tau''(q)$ exists. Let $(\epsilon_n(q))_{n \geq 1}$ be a positive sequence converging to 0 such that $\max(1/\sqrt{n}, \sqrt{\rho_n}) = o(\epsilon_n(q))$ as $n \rightarrow \infty$. Then

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A good choice : $\epsilon_n(q) = \sqrt{-2\tau''_{O,n}(q)/n \log(2)}$

Consistent from an **Estimation** viewpoint, since the measure :

$$\mu_{q,n}(I) := \mathbf{1}_{O(I)>0} O(I)^q \cdot 2^{n\tau_{O,n}(q)} \Rightarrow \begin{cases} \mathbb{E}_{\mu_{q,n}}(\alpha(I)) = \tau'_{O,n}(q) \\ \epsilon_n(q) = \sqrt{-2\text{Var}_{\mu_{q,n}}(\alpha(I))} \end{cases}$$

Possible refinements :

- ▶ Under additional conditions on the convergence speed of $\tau_{O,n} \rightarrow \tau_O$:

$$\epsilon_n(q) = \sqrt{-2(1+\lambda)\tau''_{O,n}(q) \log(n)/n \log(2)}$$

- ▶ When the sequence $(\log O(I_n(t)) - \log O(I_{n-1}(t)))$ is close to stationary w.r.t μ_q and if μ_q is sufficiently mixing :

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$$\mu_{q,n}(I) := \mathbf{1}_{O(I) > 0} O(I)^q \cdot 2^{n\tau_{O,n}(q)} \Rightarrow \begin{cases} \mathbb{E}_{\mu_{q,n}}(\alpha(I)) = \tau'_{O,n}(q) \\ \epsilon_n(q) = \sqrt{-2\text{Var}_{\mu_{q,n}}(\alpha(I))} \end{cases}$$

Possible refinements :

- ▶ Under additional conditions on the convergence speed of $\tau_{O,n} \rightarrow \tau_O$:

$$\epsilon_n(q) = \sqrt{-2(1 + \lambda)\tau''_{O,n}(q) \log(n)/n \log(2)}$$

- ▶ When the sequence $(\log O(I_n(t)) - \log O(I_{n-1}(t)))$ is close to stationary w.r.t μ_q and if μ_q is sufficiently mixing :

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Large Deviations Spectrum : Estimation

A good choice : $\epsilon_n(q) = \sqrt{-2\tau''_{O,n}(q)/n \log(2)}$

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Possible refinements :

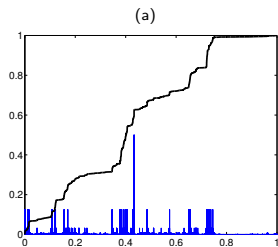
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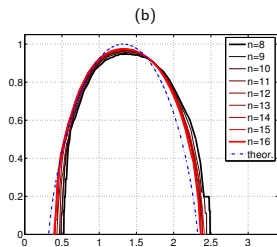
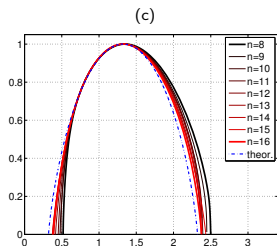
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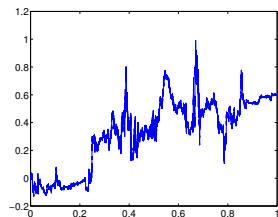
Multifractal objects



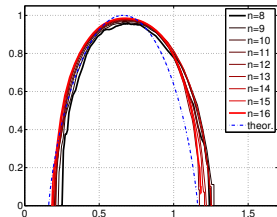
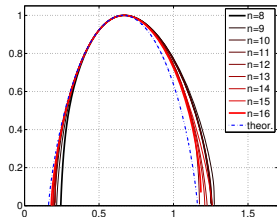
(a) Binomial multiplicative cascade.


 (b) Large deviations, $\epsilon_n(q) = \sqrt{-2\tau''_{\text{Osc},n}(q) \log \log(n)/n \log(2)}$.


(c) Legendre.

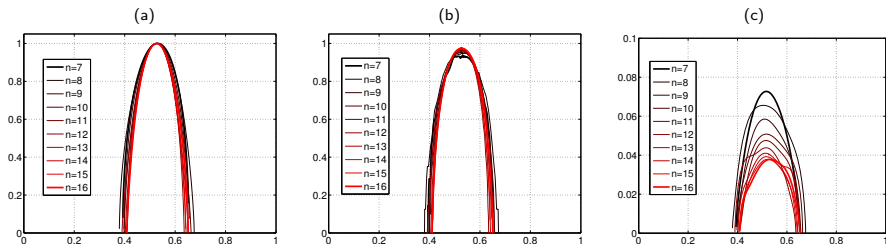


(a) Brownian motion in multifractal time


 (b) Large deviations, $\epsilon_n(q) = \sqrt{-2\tau''_{\text{Osc},n}(q) \log \log(n)/n \log(2)}$.


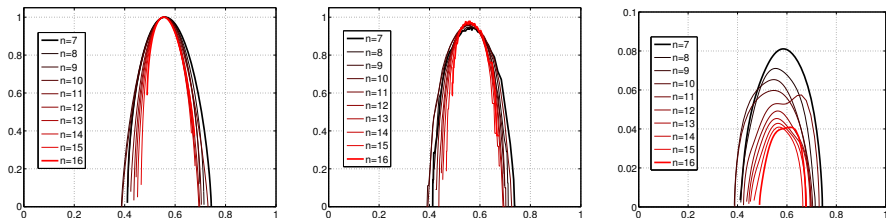
(c) Legendre

Monofractal objects



Standard Brownian Motion of Hurst exponent. (a) Legendre spectrum estimates. (b) LDS estimates,

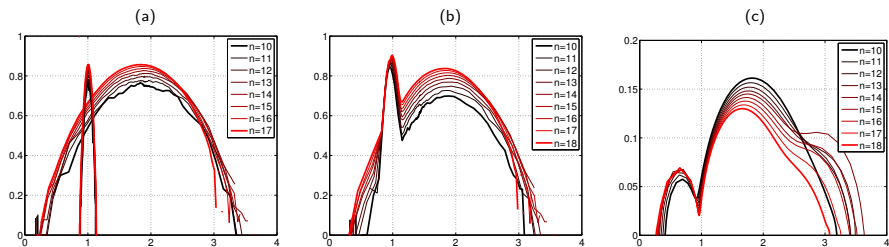
$$\epsilon_n(q) = \sqrt{-2\tau''_{\text{OSC},n}(q)/n \log(2)}; \text{ (c) evolution of } \epsilon_n(q) \text{ with } \alpha_n(q).$$



Dyadic synthesis of a multiplicative signed cascade with $H = 0.55$. (a) Legendre. (b) LDS estimates,

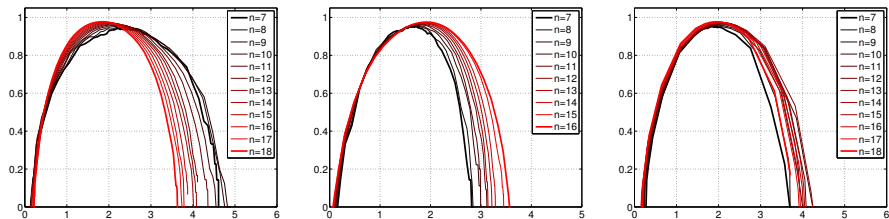
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Non concave and non scale invariant spectra



Concatenation of two lognormal multiplicative cascades.

(a) Individual LDS estimates. (b) LDS estimated from the concatenated trace. (c) Evolution of $\epsilon_n(q) = \sqrt{-2\tau''_{Osc,n}(q)/n \log(2)}$



Non scaling measures. Multiplicative cascades with non identically distributed random vectors.

$$\epsilon_n(q) = \sqrt{-2\tau''_{Osc,n}(q)/n \log(2)}.$$

Data Base

To illustrate that :

- ▶ Large Deviations Spectra convey important information on the analyzed signals
- ▶ The proposed estimation algorithm is adaptive and efficient

We used RR signals from an heterogeneous database, characteristic of different HRV profiles :

- ▶ Control subjects
- ▶ Diabetic subjects
- ▶ Heart failure subjects (I or II in the NYHA)

All nightly records, of length $N = 2^{13}$ data points (observation scale $J = 13$)

relative scale	nb. of RR in dyad. int.	nb dyad. int.	physiol. oscillation	
$J - 1$	3	4096	respiration	
$J - 2$	5	2048		
$J - 3$	9	1024	chemoreflex	baroreflex
$J - 4$	17	512		
$J - 5$	33	256		
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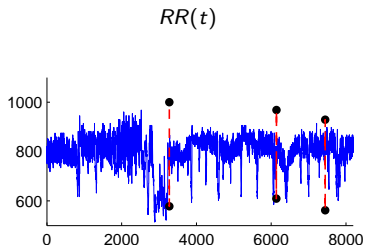
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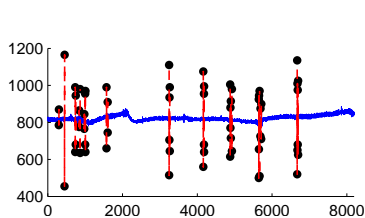
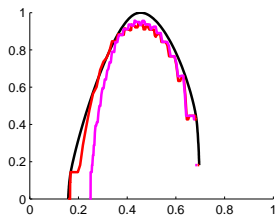
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Non concave spectrum : Extrasystoles

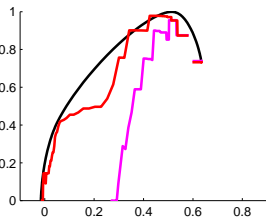


Diabetic subject. LDS estimates **with extrasystoles** and **without extrasystoles**. Legendre spectrum estimate.

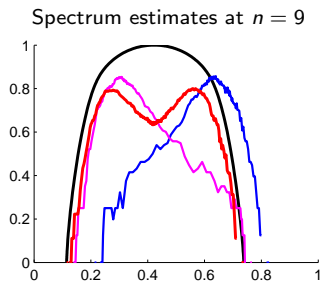
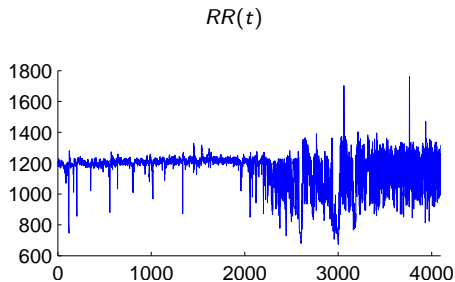
Spectrum estimates at $n = 11$



Heart failure subject. LDS estimates **with extrasystoles** and **without extrasystoles**. Legendre spectrum estimate.



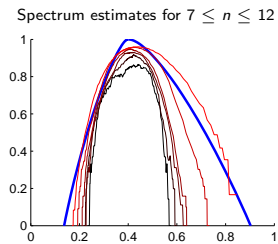
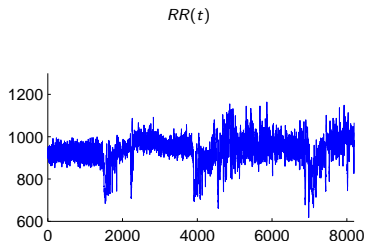
Non concave spectrum : Phase change



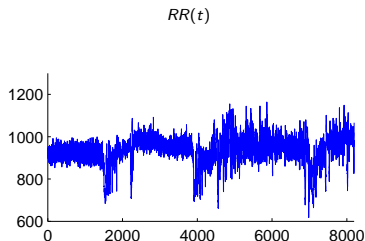
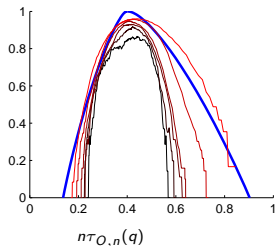
Control subject. Record overlapping two different sleep regimes. LDS estimates **over the full period** ;
over the first regime only ($t < 2000$) ; **over the second regime only ($t > 2000$)**.

Legendre spectrum estimate.

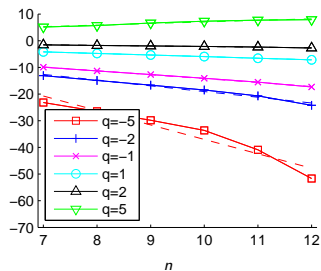
Scaling versus non scaling?



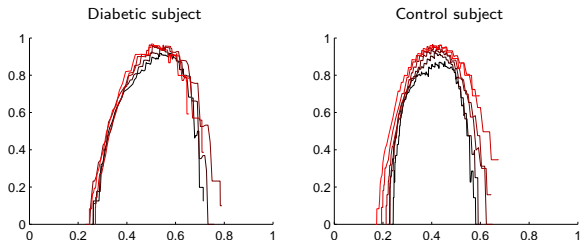
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Spectrum estimates for $7 \leq n \leq 12$ 

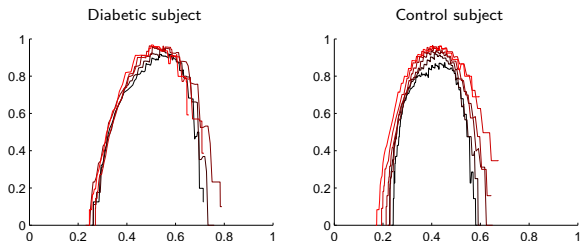
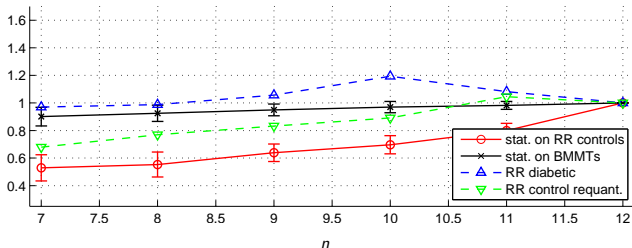
This non superimposition of the spectra is also reminiscent in the non linearity of the functions $\tau_{O,n}(q)$ (for $q < 0$)



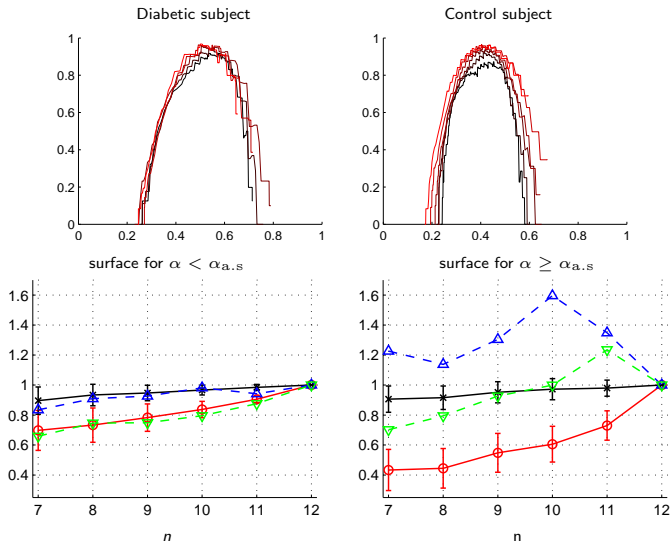
Scaling versus non scaling?



Scaling versus non scaling ?

Evolution with n of the surface beneath the spectra

Scaling versus non scaling?



Concluding remarks and perspectives

▶ Methodology

- ▶ First Large Deviations Spectrum estimate that is mathematically sound
- ▶ Adaptive (non-parametric) estimator of multifractal spectrum
- ▶ A complementary tool to more popular approaches (Legendre spectrum)
- ▶ Renew the focus on scaling characteristics
- ▶ Exhibits richer singularity structures

▶ HRV analysis

- ▶ Non concave spectra are the signature of different physiological factors : extrasystole and their density, (*intermittency*), phase changes, . . .
- ▶ Questions the systematic scale invariance property commonly assumed in fractal analysis of RR signals

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